

Concession Recipes

Naked Pasta salad

In an effort to keep the pasta salad as fresh as possible throughout the duration of the swim meet, we are going to ask you **not to dress the salad**. We will dress it fresh as we go at the swim meet.

Shopping List for 5 lbs of Pasta Salad:

5 lb bag* (or 5-1 lb boxes) of Tri-colored Rotini pasta (squiggly kind)
2 cups chopped red or green peppers (your choice)
2 cups broccoli heads
2 ½ cups baby carrots
1 pint grape or cherry tomatoes.
1 extra large bottle of Italian salad dressing
6 - Gallon size Ziploc Bags
Olive Oil

*Hannaford sells the 5 lb store brand that works great for the Pasta Salad

Directions:

Cook the pasta according to the directions on the box. Drain, and rinse thoroughly. Add a little olive oil and place pasta in gallon size Ziploc bags. Prepare vegetables by chopping and place in a (1) gallon size Ziploc bag. Bring all Ziploc bags to the swim meet with a bottle of Italian dressing of your choice.

Plain Brownie

Shopping List 2 Dozen Brownies:

2 boxes Brownie Mix plus ingredients on box
Cooking spray (spray foil pans before baking)

Directions:

Prepare brownies according to the directions on the box. Cool brownies on a rack. Cut brownies and wrap individually in plastic wrap.

Chocolate Chip Cookies

Please do not purchase store bought cookies as we have these items advertised as “homemade”. Use your own recipe or the Tollhouse cookie recipe. If using the Tollhouse cookie recipe please add an additional ¼ cup of flour and a teaspoon of baking powder. Please make large cookies with 2 cookies in each bag. Please present the “best of the batch” for sale.

Mile High Rice Krispie Bars

Please do not buy these at the store we will be selling them for \$1.00

Shopping List for 1 Dozen Rice Krispie Bars:

12 Cups (check the servings per box to verify number of cups in package)

2 - 10 oz pkg. mini marshmallows

6 TBSP butter

Cooking spray

Plastic Wrap

These treats are easy to make if you spray absolutely everything in your kitchen with PAM before you start (if the children and pet are in the way spray them too). This recipe is divided in half and repeated.

Directions:

Prepare 9"X12" metal pan with PAM.

Find the largest stainless steel or prep bowl that you can and coat with PAM. Measure 6 cups of Rice Krispies and place in large bowl. Melt 3 TBSP butter and a 10 oz bag of marshmallows in a large non-stick pot. Pour marshmallow mixture into bowl with R/K and blend with rubber spatula. Press into 9X12" metal pan and repeat procedure for second layer. While you are preparing the second batch place r/k bars in refrigerator. Press second batch onto first batch, and now you have Mile-high Rice Krispie bars! Please cut into (12) rectangles and wrap in clear wrap.

Chili

2 lb. Ground Beef

2 cans (8 oz. each) tomato sauce AND

1 cans (14 1/2 oz.) Whole Tomatoes, undrained and broken up

2 cans (15 oz.) Red Kidney Beans, undrained

2 Mild chili seasoning packets (McCormick or store brand)

Directions:

1) Brown beef; drain fat.

2) Stir in Seasoning, tomato sauce or whole tomatoes and kidney beans.

Bring to a boil, cover and simmer 10 min.

3) Place in crock pot on low to keep warm, if using from crock pot OR place in baggies and refrigerate

American Chop Suey

2 lbs Ground Beef
1 lbs Elbow Noodles
1 2lb jar of spaghetti sauce

Directions:

Cook the pasta according to the directions on the box. Drain, and rinse thoroughly. Brown beef; drain fat. Mix pasta, beef and spaghetti sauce and place in ziplock storage bags. Optional, you may add Italian seasoning, oregano and/or garlic powder to the beef while it is browning.

Notes for the Food Grid

1. Strawberries- Please DO NOT rinse and leave the tops on.
2. Tomatoes, Mushrooms, Onions and Red and Green Peppers should not be chopped. Please send in whole.
3. Pasta Salad -Please follow the Naked Pasta salad recipe. Please make sure to keep the pasta separate from the veggies and dressing.
4. Cereal - Purchase 2 large boxes of honey-nut cheerios or fruit loops (whichever you are assigned) and measure 1.5 dry cups into Ziploc bags. Prepare as many bags as the boxes will yield.
5. Chocolate Chip cookies- Please make large generous cookies.
6. Celery or Carrots Please purchase snack size Ziploc bags. Please bring the Ziploc bags and the Carrots or Celery to the meet and we will do the rest.
7. Plain Brownie Please follow recipe above.
8. Flavored Creamer Please purchase large bottle of flavored creamer from the dairy section of your local supermarket
9. Bagels – Please make sure bagels are **PLAIN**
10. Mile high Rice Krispie Treats - Please follow the recipe. ***PLEASE Do not bring store bought pre packaged r/k treats to the meet***
11. Bakery style muffins - Please purchase large bakery muffins from your local bakery or the bakery section of the supermarket.