

SEACOAST SWIMMING ASSOCIATION
7TH JENNY THOMPSON/SPEEDO INVITATIONAL
SPECIALTY MEET

Jenny Thompson Competition Pool, Dover, NH

June 24-26, 2016

Sanctioned by NE Swimming: NE-16-117-TT

Meet Website: www.seacoastswimming.com/meets.asp

MEET DIRECTOR: Jeff Gibson jeffg@seacoastswimming.com 603-380-0071

MEET REFEREE: Bill Bond bondyorkme@yahoo.com (207) 351-5166

ENTRY CHAIR: Tim Paiva tim@seacoastswimming.com 603-759-6194

ADMIN OFFICIAL: Tim Paiva tim@seacoastswimming.com 603-759-6194

SAFETY MONITOR: Amie Felker seacoastswimmingoffice@gmail.com

MEET FORMAT: The meet will be swum as timed finals for 12-under events and trials/finals for 13-over events. For T/F events, the top 12 swimmers will make the final. Each session will be seeded by computer based on positive check-in at the beginning of each session. Coaches will receive a positive check-in sheet before each session that must be returned according to the deadline set in the meet schedule that will be published in advance of the first session. Coaches will be able to pick up heat sheets for each event on the deck. No events will swim with more than one swimmer per lane.

The 13-over 400 free and 13-over 400IM will be swum fastest to slowest, alternating women, then men. The fastest each of each will be held back to swim at night in the Finals session.

Swimmers must be prepared to provide their own timer for events 400 meters or longer.

SITE: Jenny Thompson Competition Pool at Guppey Park, Dover, New Hampshire. The JTP is an outdoor heated 6 lane, 50 meter pool with non-turbulent lane lines. Fully-automatic Colorado Electronic timing system with Aqua-Grip touch pads at starting end, and touch pads at both ends of pool. A warm-up and warm-down area will be available throughout the meet. Starting end is five feet deep; turn end is 3.5 feet deep for meter events. Large spectator area; bring lawn chairs for personal comfort. Directions may be found later in this document. The competition course has not been certified in accordance with 104.2.2C(4).

COURSE: Long Course Meters

50 METER EVENTS: will start at the start end of the pool.

CUT PROTOCOL: If a session is over-subscribed, the Meet Director reserves the right to limit events, heats, swimmers, or adjust the format to conform to the 4-hour rule using the following cut protocols in any order deemed necessary:

(a.) Teams included in the 75% may be asked to cut each athlete to one less event than maximum allowed per day.

(b.) Teams included in the 75% may be asked to cut relay events.

For teams included in the 25% of the 75/25:

(a.) Teams may be asked to cut each athlete to two less events per day than the maximum allowed.

(b.) Entries may be cut by time or to a specific number of heats for specified events

(c.) Teams may be asked to cut relay events.

**** Teams should send a hard copy of their entry (by athlete), with their payment. On the hard copy, the event to scratch, if necessary, should be circled in RED ink. This will be the event that the Entry Chair will scratch if over-subscribed. If you fail to send in a hard copy, the Entry Chair will choose the event to**

cut based on times. If deck scratches allow a reasonable time-line, the swimmers can be reinstated into those previously entered events.

Clubs will be notified of cuts no later than Monday before the meet.

If deck scratches allow a reasonable time-line, the swimmers can be reinstated into those previously entered events. Clubs will be notified of cuts no later than Monday before the meet

RESERVE THE RIGHT TO MAKE CHANGES: Once a meet is sanctioned, changes can be made to the meet invitation before the meet, only with the approval of the Technical Chair, Laura Matuszak. Any change to the meet format after the meet begins will be at the discretion of the Meet Referee, and will be presented to the coaches at a coaches meeting.

MEET COMMITTEE/JURY: The meet jury will be made up of one official, one coach, and one athlete to be selected by the Meet Referee who will present issues and moderate the jury but not vote. The three members shall be from separate teams. The meet jury will decide all issues of eligibility and anything not addressed in the Meet Announcement. The Meet Referee shall have authority as described in the current USA Swimming Rulebook

WEATHER PROTOCOL: If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. **Cancellation of the meet, or a session,** is the decision of the Meet Director, Meet Referee and the meet jury.

The Jenny Thompson Pool is an outdoor facility. There are occasional delays due to thunderstorms. In the event of a thunderstorm, ALL athletes, coaches, fans and meet personnel are to report to the adjacent Dover Arena and wait for the “all clear” from the City of Dover lifeguard staff. Coaches are responsible for the behavior of their swimmers throughout the storm, including at the Arena. The meet management staff will keep in close contact with the Arena and we will make every effort to complete all scheduled events.

ELIGIBILITY All swimmers must be 2016 registered swimmers with United States Swimming. Swimmers may register with Carol Healey, PO Box 920133, Needham, MA 02492: office@neswim.com. Age is determined by the age of the swimmer on the first day of the meet. All coaches on deck must be registered with USA Swimming and display their coach membership cards.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement

REGISTRATIONS: All swimmers must be registered (includes proof of age and payment) with USA Swimming before 11:59 PM on the Tuesday before the start of the meet. Any swimmer who has entered a meet and does not register by then is subject to a \$100 fine and will be scratched from the meet. Teams are **required** to check their entries with the online registration check tool on the [New England Swimming web site](#) to verify registration status.

DECK REGISTRATIONS for deck entries: We will accept on-deck registrations at this meet, for any unregistered swimmer that wants to swim, as long as there is a completed registration form, proof of age, and a check made out to New England Swimming for \$75.00. Entry fees for on-deck entries are \$7.00 per event.

DISABILITY SWIMMERS: Any current athlete members of USA Swimming with a disability, as defined by USA Swimming Rules and Regulations, may enter this meet. If modifications to USA Swimming rules are

necessary then the coach or athlete must notify the meet referee and meet director of any disability prior to competition.

EVENTS and SESSIONS: See attached list.

ENTRY INFORMATION:

First date of entry acceptance: May 13, (any entry received before this date will be considered received on May 13)

Final date of entry acceptance: June 14

Make checks payable to "Seacoast Swimming Association".

Mail completed signed entry cover page and waiver, and payment to the entry chairperson:

Tim Paiva

4 Cailey Anna Lane

Dover, NH, 03820

Payment due date for all entries: June 18, Any team that fails to send payment, cover page and waiver form, by this due date can be scratched from the meet at the discretion of the Entry Chairperson.

ENTRY POLICY: 75%/25%

Teams that are included in the 75% of guaranteed entries must submit their entry and payment to the host team no later than 7 calendar days before the first date of entries, or the host team may remove them from the 75% of guaranteed entries. The team will still be liable for payment of the entry fee, and will be referred to the Board of Review. The host team can release this liability if it is able to fill the meet with entries from other teams.

Teams accepted in the 25% or the lottery must send payment for their entry within 4 calendar days of the notification. Accepted teams that do not send payment within 4 calendar days will forfeit their entry, but will still be liable for payment of the entry fee, unless the host team is able to fill the meet with entries from other teams. No refunds will be given for entries that are accepted or for entries that are rejected due to improper entry. *Any swimmer who is entered with incorrect swimmer information, or an incorrect or no ID, or is unregistered, will be scratched from the meet until corrections are made per the New England policy.*

All unattached swimmers must be declared as unattached in writing before the meet begins.

ENTRY FEES: Electronic entries:

\$5.00 for all individual events, and time trials

\$7.00 for distance events (events 400 meters or longer)

\$6.00 for trials/finals

\$20.00 for relays.

On-deck entries: \$7.00.

Non-electronic entries: \$5.50 for individual events, \$25.00 for relays.

Swimmer Participation Fee is \$10 per swimmer

NE Swimming Travel Fee of \$1.00 per swimmer (to be included in the check and the host team will send to NESwimming)

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chairperson at tim@seacoastswimming.com. Please check that your team name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry (including signed entry cover page and waiver) must be received by: June 18.

ENTRY LIMITS: Athletes may enter and swim in a maximum of 5 events per day for timed final events, or 3 per day for trials/finals events. Time Trials count in the per day event count.

ENTRY TIME UPDATES: Entry times may be updated until 7 days prior to the first day of the meet. No new entries will be accepted after the June 14, 2016 entry deadline. Entry time updates should be sent via email to the entry chairperson at tim@seacoastswimming.com. Entry time updates must be sent as Hy-Tek format CL2 files with updated times. (New entries will be automatically excluded.)

ENTRY TIMES: All entries must be in meter times or yard times converted to meter times using the conversion 1.14 times total number of seconds. Please use a coach time in place of an "NT".

TIME TRIALS: Time trials will be offered at the discretion of the Meet Director and the Meet Referee if time allows. Time trials are \$5.00 for individual events, and \$20.00 for relays.

RELAYS: All relay swimmers must be officially entered into the meet.

LEGAL SPLITS: Legal splits (including relay lead-offs) must be requested before the event using a legal split form (available from the Clerk of Course) and the requesting party must supply an additional timer on the lane for the split, if necessary, to meet the USA requirement. Relay lead off split times are only used to verify the pad time.

PROGRAMS: Heat sheets will be available at the meet for no more than \$4.

ADMISSION: \$1.

MEET MOBILE: Meet mobile will be functional for this meet. All users should be aware that Meet Mobile publishes unverified raw data which cannot be relied upon until the official results have been published and posted in the facility.

WARMUPS: Warm-ups will be divided. Warm-up schedule will be posted on the web and distributed to each team participating in the meet, the week leading up to the meet. No diving during warm-up except during designated sprint lanes. The pool will close five minutes before the beginning of each session. The diving well area will be available during the meet for warm-up and warm-down.

OFFICIALS: If you know that you will be attending this meet, please email the meet referee and let him/her know your level of certification, team, and sessions you will be available. This is for pre-meet planning purposes only. All officials are welcome to work any number of sessions and walk-ons are always welcome. An officials' meeting will be held prior to the meet's start.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, behind the blocks, or in any marked NO CAMERA ZONE.
6. Changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

RULES: Current USA Swimming rules will govern all competition. Decisions by the meet referee will be final unless a written protest is lodged within 30 minutes of the heat swum. All swimmers, coaches and officials will follow the USA Swimming code of conduct under article 304 of the USA Swimming rules and regulations. Any violation of such policy will be reported to the Meet Referee and the New England Swimming office for further review and/or action.

SAFE SPORT: The conduct of all participants and spectators at a meet is governed by USA Swimming Rules 304/305. Any and all infractions must be reported to an official, the Meet Referee or the Meet Director to be resolved.

USA Swimming and NE Swimming encourage all to report any witnessed or suspected forms of abuse/safe sport violations to the NE Swimming Safe Sport Chair, Anne Kaufman: anne.l.kaufman@gmail.com (857-928-3638) or through the [USA-S online reportable form](#).

PHOTOGRAPHY: PHOTOGRAPHERS ON DECK: As per New England Swimming policy, professional photographers contracted by SSA or press photographers who have been approved in advance by the Meet Director are allowed on deck. Use of audio or visual recording devices, including a cell phone, is not permitted behind the starting blocks, including in any spectator area behind the starting blocks, nor in any other marked NO CAMERA ZONE, including on deck. All NO CAMERA ZONES will be clearly designated. Email the Meet Director with questions and requests

DECK ACCESS: Only 2016 USA Swimming registered athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must display their current USA Swimming registration card at all times. Individuals without their USA Swimming registration card will be removed from the pool deck, and will be subject to a fine by New England Swimming. The deck at the Jenny Thompson Pool is considered any area inside the fence.

SCORING: The 13-over sessions will be scored for team points. Individual events will be scored thru 12th place; A maximum of two relays can score per team per event.

AWARDS: Custom ribbons for the first six places for all 12 & Under Events, and for the first six places by request for all other events.

FOOD: Seacoast Swimming Association will operate its “Best in New England” Concession Stand on site.

EQUIPMENT VENDOR: A swimming equipment vendor will be selling suits, goggles, and other accessories for the duration of the meet.

MISCELLANEOUS: All coaches should check in with the Clerk of Course upon arrival at the pool to pick up scratch sheets. Coaches are responsible for the behavior of their swimmers at all times. Any damage to the premises or equipment is the responsibility of those doing the damage. Seacoast Swimming Association and the City of Dover assume no responsibility for lost or stolen property. **No glass containers are permitted, no pets are permitted and there is no smoking permitted anywhere in the park.** No one is permitted on deck except, athletes, coaches, and officials.

PARKING: Ample parking is available at the Guppy Park facility, and on public streets where parking is permitted. Improperly parked cars will be towed at owner's expense.

DIRECTIONS: Take exit 8E off Spaulding Turnpike in Dover. Follow signs for Route 4 East through downtown Dover. Jenny Thompson Competition Pool at Guppy Park is approximately two miles on Route 4 (also known as Portland Ave.), on the left at the top of the hill. Pool phone: 743-6085

LODGING: Information is available on the Seacoast Site, <http://www.seacoastswimming.com/CommonFiles/HotelList.htm>

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CONTACT INFORMATION *(all fields required)*

Team Name: _____ Abbreviation: _____

Deck Coach: _____ Phone: _____ Email: _____

Entries Contact: _____ Phone: _____ Email: _____

Address: _____

Unattached Swimmers: _____

ENTRY FEES (non-electronic add .50 per entry)

_____ Individual Entries all distances @ \$5.00/ \$5.50 = \$ _____

_____ Trials/Finals Event Entries @ \$6.00/ \$6.50 = \$ _____

_____ Distance events @ \$7.00/\$7.50 = \$ _____

_____ Relays @ \$20.00 each = \$ _____

_____ Swimmer Participation Fee: # athletes _____ @ \$ 10.00 = \$ _____

_____ NE Travel Surcharge: # athletes _____ @ \$1.00 each = \$ _____

Total: \$ _____

Make check payable to: Seacoast Swimming Association

Mail entries and check to:

Seacoast Swimming Association

c/o Tim Paiva, Entry Chairperson

4 Cailey Anna Lane

Dover, NH 03820

603-759-6194

Entry Deadline: June 14, 2016

For e-mailed entries, this form and payment

must be received by: June 18, 2016

LIABILITY RELEASE

Any swimmer whose entry is accepted will, for him/herself, his/her heirs, executors and administrations, waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming, Seacoast Swimming and the City of Dover, NH for any and all injuries suffered by him/her at said meet. **In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.**

Signature of Authorized Team Official

Date